



DIRECTIONS TO:
Purple Sage – A Healthy Lifestyle Center

Karsten Alexandria, N.D., L.Ac.
1420 East Northern Avenue
Phoenix, AZ 85020
602 . 938 . 8200

The buildings are Sage green and the block walls are Purple.

Purple Sage – A Healthy Lifestyle Center is located on the Northwest corner of East Northern Avenue and 14th Place, (between 14th Street and 15th Street) which is just west of 16th Street.

Enter the parking lot from Northern Avenue. Please exit the parking lot onto 14th Place, which is a right turn only, and then proceed onto Northern Avenue.

For respect of the neighbors do not park on the street of 14th Place. Please use the parking lot spaces.

If you have any questions feel free to call and ask, we will be happy to direct you.

Please Note the following:

South on 7th Street **cannot** make a left turn (east) onto Northern Avenue between 6-9 am and 4-6 pm. M-F

South on Central can turn left (east) at any time onto Northern Avenue.

South on 7th Avenue **cannot** make a left turn onto Northern Avenue between 6-9 am. M-F

South on 19th Avenue can turn left at any time onto Northern Avenue.

FROM MOON VALLEY * note zig zag approach due to Double Lane closures

- South on 7th Street
- Turn East (LEFT) on Mountain View
- Continue on Mountain View past Cave Creek
- Turn South (RIGHT) at 12th Street
- Turn East (LEFT) on Northern Avenue at any time of the week
- Left into parking lot at 1420 East Northern Avenue

FROM NORTH WEST (GLENDALE, PEORIA, SUN CITY)

- East on Northern Avenue
OR
- East on 101
- South on I-17
- Exit 206 and go East (LEFT) On Northern Avenue. Approximately 3.3 miles.
- Left into parking lot at 1420 East Northern Avenue

FROM WEST SIDE

- North or South on I-17/19th Avenue/35th Avenue
- East on Northern Avenue
- Left into parking lot at 1420 East Northern Avenue

FROM TEMPE OR SOUTH SCOTTSDALE

- East on the 202
- North on SR 51
- Exit 7 and west (LEFT) on Northern Avenue approximately 1 mile.
- Right into parking lot at 1420 East Northern Avenue

FROM CENTRAL SCOTTSDALE

- Scottsdale Road
- West on Camelback
- North on Invergordon
- West (LEFT) on Lincoln
- North (RIGHT) on 16th Street
- West (LEFT) on Northern Avenue
- Right into parking lot at 1420 East Northern Avenue

FROM MESA

- West on 60
- West on I-10
- North on SR 51
- Exit 7 and west (LEFT) on Northern Avenue approximately 1 mile
- Right into parking lot at 1420 East Northern Avenue

FROM CHANDLER or AWHATUKE

- West on I-10
- North on SR 51
- Exit 7 and west (LEFT) on Northern Avenue approximately 1 mile
- Right into parking lot at 1420 East Northern Avenue

FROM NORTH EAST (NORTH SCOTTSDALE, FOUNTAIN HILLS)

- West on Hwy 101
- South on SR 51
- Exit 7 and west (LEFT) on Northern Avenue approximately 1 mile
- Right into parking lot at 1420 East Northern Avenue

FROM CAVE CREEK/CAREFREE

- South on Cave Creek
- East on Hwy 101
- South on SR 51
- Exit 7 and west (LEFT) on Northern Avenue approximately 1 mile
- Right into parking lot at 1420 East Northern Avenue

FROM NORTH PARADISE VALLEY AND SCOTTSDALE

- West on Cactus
- South on SR 51
- Exit 7 and West (LEFT) on Northern Avenue approximately 1 mile
- Right into parking lot at 1420 East Northern Avenue

SOUTH ON 32ND STREET

- SR 51 South (not the Northern Avenue exit)
- If you do get on Northern Avenue, just continue South and then get on the SR 51
- Exit 7 and West (LEFT) on Northern Avenue
- Right into parking lot at 1420 East Northern Avenue